

Rotem Kahalon, PhD

Faculty of Medicine, Bar-Ilan University, Israel.

Email: rotem.kahalon@biu.ac.il

Phone: +972546816760

Academic Positions:

10.2022- present- Senior lecturer/ Assistant Prof., Faculty of Medicine, Bar-Ilan University, Israel.

10.2021- present – Research associate. Engendering Success in STEM Consortium at UBC (University of British Columbia)

10.2021 – 10.2022- Postdoctoral Fellow. Department of Psychology, Simon Fraser University, Canada.

09.2020 – 09.2021- Postdoctoral Fellow. Department of Psychology, University of Zurich, Switzerland.

09.2019 – 09.2020- Postdoctoral Researcher. The School of Psychological Sciences, Tel-Aviv University, Israel.

Education

10.2014 –10.2019: **Ph.D., Social Psychology**, The School of Psychological Sciences, Tel-Aviv University.

PI: Prof. Nurit Shnabel and Prof. Yael Benyamini.

2012 – 2014: **Clinical Psychology Program for Psychologists**, The School of Psychological Sciences, Tel Aviv University, Israel.

2010 – 2012: **M.A, Social Psychology**, The School of Psychological Sciences, Tel Aviv University, Israel.

PI: Prof. Nurit Shnabel.

2007 – 2010: **B.A, Psychology**, Department of Psychology, University of Haifa.

Peer- reviewed Publications

Kahalon, R., Anjum, G. & Wright, S. (2025). Just a few bad apples: perceiving sexist men as non-typical to the larger category of men serves to maintain the gender hierarchy. *Journal of Community & Applied Social Psychology*.

Peleg, S. & **Kahalon, R.** (2025). Defensive responses to masculinity threat: The role of precarious manhood in reactions to the male contraceptive pill. *Health Communication*.

Nyul, B., Ksenofontov, I., Fleischmann, A., & **Kahalon, R.** (2025). Brilliance as gender deviance: Gender-role incongruity as another barrier to women's success in academic fields. *Journal of Experimental Social Psychology*, 116, 104680. <https://doi.org/10.1016/j.jesp.2024.104680>

Kahalon, R., & Klein, V. (2025). Unmasking the Role of Dehumanization in Obstetric Violence. *Psychology of Violence*. <https://doi.org/10.1037/vio0000521>

- Kahalon, R.,** & Handelzalts, J. (2024). Investigating the under-recognition of childbirth-related post-traumatic stress disorder among the public and mental health professionals. *Journal of Anxiety Disorders*, 102897. <https://doi.org/10.1016/j.janxdis.2024.102897>
- Read, K., Kılıç, D., **Kahalon, R.,** & Klein, V. (2024). The dual lens of objectification: Perceived objectification, male partners' reported objectification, and women's detrimental sexual outcomes. *Journal of Social and Personal Relationships*. <https://doi.org/10.1177/02654075241304802>
- Kahalon, R.,** Ullrich, J. & Becker, J. C. (2024). Responding to Inappropriate Questions Regarding Parental Status in Job Interviews: A Systematic Comparison of Truth, Deflection, and Confrontation. *European Journal of Social Psychology*. <https://doi.org/10.1002/ejsp.3062>
- Kahalon, R.,** Klein, V Alon, S., & Shnabel, N. (2024) The association between self-objectification and sexual dysfunction among women: Testing and extending objectification theory. *European Journal of Social Psychology*. <https://doi.org/10.1002/ejsp.3056>
- Kahalon, R.** & Adar, R. (2024). Exploring Women's Strong Preference for Female Surgeons in Breast Healthcare. *World Journal of Surgery*. <https://doi.org/10.1002/wjs.12098>
- Kahalon, R.,** Hässler, T., & Eisner, L. (2024). Self-objectification Endorsement Among Heterosexual and Sexual Minority People and Its Association with Negative Affect and Substance Use. *Psychology of Sexual Orientation and Gender Diversity*. <https://dx.doi.org/10.1037/sgd0000701>
- Tenne, Y., **Kahalon, R***, Herman, L., & Benyamini, Y. (2023). Is oxytocin administration during childbirth associated with increased risk for postpartum post-traumatic stress symptoms? a preliminary investigation. *Journal of Perinatal and Neonatal Nursing*. <https://doi.org/10.1097/JPN.0000000000000760>
*The first and second authors contributed equally to this manuscript.
- Klein, V., Kosman, E., & **Kahalon, R.** (2023). Devaluation of Women's Sexual Pleasure: Role of Relationship Context and Endorsement of the Madonna-Whore Dichotomy. *Sex Roles*. <https://doi.org/10.1007/s11199-023-01424-3>
- Soares De Almeida, A. Gillath, O. **Kahalon, R.,** & Shnabel, N. (2023). Priming attachment security has a small positive effect on women's math performance. *Frontiers In Psychology*. <https://doi.org/10.3389/fpsyg.2023.1124308>
- Kahalon, R.,** Shnabel, N., Sharvit, K., Halabi, S., & Wright, S. (2022). High quality contact with fellow majority group students can improve the academic performance of minority group students. *Personality and Social Psychological Bulletin*. <https://doi.org/10.1177/0146167222111594>
- Kahalon, R.,** Preis, H., & Benyamini, Y. (2022). Mother-infant contact after birth can reduce postpartum post-traumatic stress symptoms through a reduction in birth-related fear and guilt. *Journal of Psychosomatic Research*, <https://doi.org/10.1016/j.jpsychores.2022.110716>
- Adar, R., **Kahalon, R***, Izenberg, V., Ullrich, J., & Afek, A. (2022). Gender bias in the evaluation of interns in different medical specialties: An archival study. *Medical Teacher*, 44, 893-899. <https://doi.org/10.1080/0142159X.2022.2046715>

**The first and second authors contributed equally to this manuscript; the order of their names is alphabetical.*

Kahalon, R., Klein, V., Ksenofontov, I., Ullrich, J., & Wright, S. (2021). Mentioning the sample's country in the article's title leads to bias in research evaluation. *Social Psychological and Personality Science*, *13*, 352–361. <https://doi.org/10.1177/19485506211024036>

Kahalon, R., Becker, J., & Shnabel, N. (2021). Appearance-related comments at work: Women's and men's experiences, perceptions and meta-stereotypes in response to appearance-related comments. *Journal of Applied Social Psychology*, *52*, 751–762. <https://doi.org/10.1111/jasp.12732>

Kahalon, R., Preis, H., Shilo, G., & Benyamini, Y. (2021). Maternal expectations among pregnant women from single, lesbian, and heterosexual parented families. *Journal of Family Issues*, *42*, 863-880. doi.org/10.1177/0192513X20933927

Kahalon, R., Yanushevsky Cnaani, G., Preis, H., & Benyamini, Y. (2020). The complex effects of maternal expectations on postpartum depressive symptoms: When does a protective factor become a risk factor? *Journal of Psychosomatic Obstetrics & Gynecology*, *43*, 74-82. <https://doi.org/10.1080/0167482X.2020.1795826>

Kahalon, R., Preis, H., & Benyamini, Y. (2020). Who benefits the most from skin-to-skin mother-infant contact after birth? Differences in birth satisfaction by mode of birth. *Midwifery*, *92*, 102862. <https://doi.org/10.1016/j.midw.2020.102862>

Kahalon, R., Shnabel, N., & Becker, J. (2019). The effects of exposure to positive gender stereotypes on women's and men's performance in counter-stereotypical tasks and pursuit of agentic and communal goals. *Social Psychology*, *51*, 50-62. doi.org/10.1027/1864-9335/a000394

Kahalon, R., Bareket, O., Vial, A. C., Sassenhagen, N., Becker, J., & Shnabel, N. (2019). The Madonna-whore dichotomy predicts patriarchy endorsement: evidence from Israel, the United States and Germany. *Psychology of Women Quarterly*, *43*, 348-367. doi.org/10.1177/0361684319843298

Kahalon, R., Shnabel, N., Halabi, S., & Siman Tov-Nachlieli, I. (2018). Power does matter: Competitive victimhood in minority-majority relations stems from both power and morality needs. *British Journal of Social Psychology*, *58*, 452-472. doi.org/10.1111/bjso.12276.

Kahalon, R., Shnabel, N., & Becker, J. (2018). Don't bother your pretty little head: Appearance compliments lead to improved mood but impaired cognitive performance. *Psychology of Women Quarterly*, *42*, 136-150. [doi:10.1177/0361684318758596](https://doi.org/10.1177/0361684318758596).

Bareket, O., **Kahalon, R.***, Shnabel, N. & Glick, P. (2018) The Madonna-whore dichotomy reflects men's support for patriarchy but reduces their sexual and relationship satisfaction, *Sex Roles*, *79*, 519-532. doi.org/10.1007/s11199-018-0895-7.

**The first and second authors contributed equally to this manuscript; the order of their names is alphabetical.*

Kahalon, R., Shnabel, N., & Becker, J. (2018). Positive stereotypes negative outcomes: Reminders of the positive components of complementary gender stereotypes impairs performance in counter-stereotypical tasks. *British Journal of Social Psychology*, *57*,482-502. [doi:10.1111/bjso.12240](https://doi.org/10.1111/bjso.12240).

Kahalon, R., Shnabel, N., & Becker, J. (2018). Experimental studies of state self-objectification: A review and an integrative process model, *Frontiers in Psychology*, 9:1268. doi:10.3389/fpsyg.2018.01268

Book Chapters

Shnabel, N., **Kahalon, R.**, Ullrich, J., & Aydin, A. L. (2020) When two groups hurt each other: Understanding and reducing the negative consequences of collective victimhood in dual conflicts. In J. Vollhardt (Eds.) *The Social Psychology of Collective Victimhood*. Oxford, UK: Oxford University Press.

Research Grants

January 2025- Grant from the Center for Women's Health at Bar-Ilan Faculty of Medicine (10,000 ₪). Project: The Effect of the 'Swords of Iron' War in Israel on Infant Nutrition, Growth Indicators, Development, and Maternal Postpartum Mental Health. Role: PI

February 2024- New Frontiers in Research Fund – International. A Comprehensive approach to enhance older adults' Preparedness for Extreme heat (COPE). Role: CO-PI.

July 2023- Grant from the Israeli Science Foundation (ISF) (114,000 ₪). Project: Objectification and women's mental health during the transition to motherhood. Role: PI.

June 2023- Grant given as part of the Alon scholarship for young scientists. The Israeli Council of Higher Education. (170,000₪).

September 2021 – Grant for research on gender equality in the job market. The forum for gender, law and public policy at the University of Haifa. (5000₪). Title: Answering inappropriate questions in a job interview- interpersonal, economic and social implications. Role: PI.

May 2019 – [Seedcorn Research Grant](#) for young researchers. The European Association of Social Psychology (EASP) (3000 €). Title: Brilliance as deviance: Gender-role incongruity as another barrier to women succeeding in academic fields. Role: CO-PI. Together with Dr. Inna Ksenofontov (University of Hagen, CO-PI), Dr. Alexandra Fleischmann (University of Cologne, CO-PI) & Boglarka Nyul (ELTE University, CO-PI)

July 2017 – NA'AMAT Research Grant for PhD Students in the topic of Gender Studies. NA'AMAT-Movement of Working Women & Volunteers (10,000 ₪). Title: Appearance compliments lead to improved mood but impaired cognitive performance.

Scholarships and Awards

June 2023- Alon scholarship for young scientists. The Israeli Council of Higher Education.

July 2020 – Swiss Government Excellence Scholarship – Postdoctoral scholarship for the 2020-2021 academic year. Swiss Government (42,000 CHF).

July 2020 – Dean Scholarship for Academic Excellence. The Faculty of Social Sciences, Tel-Aviv University (7000 ₪).

February 2020 – Erasmus+ International Credit Mobility Grant. Erasmus+. (Postponed due to COVID 19).

August 2019 – Annual student prize for psychological research on women and gender- Honorable mention. The Society for the Psychology of Women (SPW; APA division 35) and the Association for Women in Psychology (AWP).

June 2019 – Erasmus Travel Grant for Teaching and Training, Erasmus +.

March 2019 – Finkelstein Scholarship for Academic Excellence. The Department of Social Sciences, Tel-Aviv University (7000 ₪).

July 2018 – Minerva short-term research grant. Minerva (1350 €).

April 2018 – Scholarship for academic excellence. The School of Psychological Sciences, Tel-Aviv University (7000 ₪).

Papers Presented in Conferences

September 2024 - Investigating the under recognition of childbirth-related post-traumatic stress disorder public and professional perception. the 44rd Society for Reproductive and Infant Psychology (SRIP) Annual Conference. Dresden, Germany. Oral presentation.

August 2024 - Identifying the under recognition of childbirth-related post-traumatic stress disorder among the public and mental health professionals. 38th Annual Conference of the European Health Psychology Society, Cascais, Portugal. Oral presentation.

May 2024 - Understanding the Madonna-Whore Dichotomy: Its Role in Gender Ideology and Intimate Relationships. EASP-IARR Joint Symposium, "What's Love Got To Do With It: Inequality in Close Relationships. Online. Oral presentation.

March 2024 - Understanding the Madonna-Whore Dichotomy: Its Role in Gender Ideology and Intimate Relationships. the 18th European Spring Conference on Social Psychology. Sils Maria, Switzerland. Oral presentation.

March 2024 - Understanding the Madonna-Whore Dichotomy: Its Role in Gender Ideology and Intimate Relationships. the 18th European Spring Conference on Social Psychology. Sils Maria, Switzerland. Single presentation.

September 2023 - Does oxytocin administration during delivery increase risk for postpartum post-traumatic stress symptoms? the 43rd Society for Reproductive and Infant Psychology (SRIP) Annual Conference. Lausanne University Hospital, Switzerland. Oral presentation.

July 2023 - Responding to inappropriate questions in a job interview- conflicting personal and social outcomes. The European Association of Social Psychology (EASP) conference. Krakow, Poland. Part of a symposia presentation on competing interests in challenging inequality (chair).

June 2022 - Appropriate answer to inappropriate questions in a job interview; personal and social implication. The Society for the Psychological Study of Social Issues (SPSSI) Annual Conference. San Juan, Puerto Rico, U.S. Symposia oral presentation.

November 2021 - Appropriate answer to inappropriate questions in a job interview. Engendering Success in STEM (ESS) Annual Conference. Virtual Conference. Oral presentation.

August 2021- Bias in research evaluation against research from non-WEIRD countries. Society for the Psychological Studies of Social Issues (SPSSI) 2021 Virtual Conference. Symposia Oral presentation (chair).

August 2021 - Mother-infant contact after birth can reduce postpartum post-traumatic stress by reducing birth-related fear and guilt. The 35th Annual Conference of the European Health Psychology Society (EHPS). Symposia oral presentation.

July 2020 - Can positive stereotypes have negative outcomes? The effects of positive gender stereotypes on men's and women's performance and goals. The 19th General Meeting of the European Association of Social Psychology (EASP). Symposia oral presentation (chair). Postponed due to COVID 19.

March 2020 - The effects of appearance compliments on women's and men's affect cognitive performance and perceptions. Paper presented at the Association of Women in Psychology Annual Convention. Austin Texas, U.S. Oral presentation.

March 2020 - The complex effects of maternal expectations on postpartum depressive symptoms. Paper presented at the Association of Women in Psychology Annual Convention. Austin Texas, U.S. Poster presentation.

February 2020 - Positive Stereotypes Negative Outcomes: The Effects of Positive Gender Stereotypes on Men's and Women's Performance and Goals. Paper presented at the Society for Personality and Social Psychology Annual Convention. New Orleans, U.S. Symposia oral presentation.

February 2020 - The complex effects of maternal expectations on postpartum depressive symptoms. Society for Personality and Social Psychology Annual Convention – Gender pre conference. New Orleans, U.S. Poster presentation.

July 2017 - The effects of appearance compliments on women's and men's affect and cognitive performance. Paper presented at the 18th General Meeting of the European Association of Social Psychology, Granada, Spain. Symposia oral presentation.

June 2017 - Reminders of the positive components of complementary gender stereotypes impair performance in counter-stereotypical tasks. Poster presented at the Joint EASP SPSP Meeting; Gender Roles in the Future? Theoretical Foundations and Future Research Directions, Free University of Berlin, Berlin, Germany. Poster presentation.

December 2016 - The effects of appearance compliments on women's and men's affect and cognitive performance. Paper presented at the Annual Social Psychology Doctoral Students Conference, Haifa University, Haifa, Israel. Oral presentation.

Invited Talks

February 2025- Understanding Trauma and Care: Social Psychological Insights into Childbirth. Department of Social Psychology, The Open University.

February 2024 - Under the radar - Subtle, seemingly positive, social psychological mechanisms that maintain intergroup inequality. Department of Social Psychology, Bar-Ilan University.

June 2022 - Discussants in the symposium “The Interplay between Assessment and Professional Identity Development in Medical Education”, University of Bern, Switzerland.

February 2022 - Answering an inappropriate question in a job interview– Does one size fit all? Department of Psychology, Simon Fraser University, Vancouver, Canada.

May 2021 - Brilliance as deviance: Gender-role incongruity as another barrier for women's access to academic fields. Department of Psychology, Eötvös Loránd University (ELTE), Budapest, Hungary.

November 2020 - Subtle, seemingly positive, social psychological mechanisms that perpetuate traditional gender roles. Department of Psychology, University of Zurich, Zurich, Switzerland. (November 2020)

March 2019 - Self-objectification and its consequences for women and men. Department of Gender Studies, Haifa University, Haifa, Israel.

Teaching Experience

1.10.2022 – to date- teaching courses on health and inequality in the Faculty of Medicine, Bar-Ilan University.

17.7.2023 – 23.7.2023 – Teaching in the SCEPS summer school in Barcelona, Spain. Course: "Academic Reading and Writing Skills for PhD students". Website: <https://escuelaverano2023.sceps.es/profesorado/>

1.05.2022 – 1.8.2022: Teaching Fellow. Department of Psychology Simon Fraser University. Course: “Under our radar - psychological studies of inequality”

1.10.2017 – 30.7.2021: Teaching Fellow. Department of Economics, IDC Academic Center. Course: "Academic Reading and Writing Skills"

1.02.2018 - 1.9.2019: Teaching Assistant. The School of Psychological Sciences, Tel-Aviv University. Course: "Research Methods"

1.10.2016 - 1.10.2017 - Teaching Assistant. Department of Economics, IDC Academic Center. Course: "Academic Reading and Writing Skills"

1.10.2015 - 1.10.2016 - Teaching Assistant. Department of Communication, IDC Academic Center. Course: "Gender Representations in the Media"

1.10.2011- 1.10.2017 – Lecturer. The preparatory program, Tel-Aviv University. Course: "Social Psychology".

1.10.2011 - 1.10.2013- Teaching Assistant. The School of Social Work, Tel-Aviv University. Course: “Statistics and SPSS”.

Supervision of Students

Present: One undergraduate student, two master students, and two PhD student. The Faculty of Medicine, Bar-Ilan University

1.02.2021 – 01.05.2021- Six undergraduate students, Department of Psychology, University of Zurich.

1.10.2014 – 1.10.2019 - One master student, and more than 20 undergraduate students, School of Psychological Sciences, Tel-Aviv University.

Other Relevant Occupational Experience

2016 - Group facilitator - Facilitated a group of female adolescence which dealt with the topics of gender roles and equality.

1.10.2012 - 30.8.2014 - Statistical Consultant, Department of Social Work, Tel-Aviv University.

Professional Service

2023- Organizing committee of the Sexualization, objectification and dehumanization pre-conference - Krakow, Poland. Link: <https://sites.google.com/view/sodeasppreconference2023>

2023- Reviewer for the U.S.-Israel Binational Science Foundation (BSF)

2020- Reviewer for the Annual Student Prize for Psychological Research on Women and Gender (SPW; APA division 35).

Ad hoc peer reviewer – Reviewed manuscripts for the following peer-reviewed journals: Group Process and Intergroup Relations, Sex Roles, British Journal of Social Psychology, Social Psychological Bulletin, Body Image, Psychologica Belgica, Journal of Applied Social Psychology, Studies in Higher Education, Basic and Applied Social Psychology; Journal of Social and Political Psychology; Current Psychology, Jama Network Open, The Journal of Obstetrics and Gynaecology Research, Archives of Women's Mental Health, European Journal of Social Psychology

2015 – 2019 - Colloquium coordinator of the Social Psychology colloquium at Tel-Aviv University.

Membership in Professional Societies

2023- present – European Association of Health Psychology (EHPS)

2022- 2023 – Society for Reproductive and Infant Psychology (SRIP)

2022- present – European Association of Social Psychology (EASP)

2019- 2022: Society for Personality and Social Psychology (SPSP).

2020- 2022: Society for the Psychological Studies of Social Issues (SPSSI).

2019-2020: American Psychological Association (APA)

2019-2020: Association of Women in Psychology (AWP, division 35)

Statistical Programs and Survey Platforms

SPSS, JASP, R, Qualtrics, LIWC